ZOOM Chat Nov 4, 2025 Authorized Peanut Ball Trainer Meeting Notes

12:29:13 From Melissa Harley : Wow, I thought I had a peanut ball collecting “problem” with about 10. LOL 12:29:26 From Aubrey Williams : Reacted to "Wow, I thought I had..." with 12:29:38 From Heather LeMaster : Lol!! Ive got about 20 as well. 12:29:41 From Heidi Duncan : I've bought many in pursuit of the perfect "consumer grade" ball. So many cheap ones out there. 12:44:04 From Heidi Duncan : That's been a barrier for me, too. Not being a nurse prohibits me (logistically and financially) from both acquiring nurse CEUs and getting my foot in the door at hospitals for training.

12:44:16 From Aubrey Williams : Reacted to "That's been a barrier..." with 12:44:37 From Amy Wilt : Replying to "That's been a barrie..." yes, 100% 12:46:31 From Samantha Henry BSN, RNC-OB, C-EFM, C-OBE, APBT : I love that!! 12:46:31 From Jessica Rhoden : I want an empathy belly!

00:58:11 Heather LeMaster: Reacted to "www.mentimeter.com" with 00:58:24 Heidi Duncan: Pelvic biomechanics knowledge is essential to using the peanut ball effectively, in my experience.

00:58:30 Aubrey Williams: Reacted to "Pelvic biomechanics ..." with 00:58:38 Aubrey Williams: I offer CEU's through Ohio Nursing Board. It was tough to get and they are not super friendly to educators that are not nurses. It was a huge headache and I don't know that I will renew with them. 00:58:44 Samantha Henry BSN, RNC-OB, C-EFM, C-OBE, APBT: Reacted to "Pelvic biomechanics ..." with 00:58:57 Aubrey Williams: Indiana refers all CEU things to Ohio. It's strange. 00:59:06 Wendy Proctor: Reacted to "Pelvic biomechanics ..." with 01:00:21 Heather LeMaster: Good point Wendy! I definitely add a Midwives perspective. Scenarios whether real life or ones I’ve made up or the students have. Aka what if a Midwife says this or that… what can be suggested. Works for a friendly convo with a nurse as well. 01:00:37 Heidi Duncan: Reacted to "I offer CEU's thro..." with 01:00:39 Wendy Proctor: Reacted to "Good point Wendy! I ..." with 01:00:43 Heidi Duncan: Reacted to "Indiana refers all..." with 01:01:37 lgu8322: AlisiaThank you for facilitating this meeting. So great to "meet" everyone! Jacqlynn Asherman 01:01:57 Samantha Henry BSN, RNC-OB, C-EFM, C-OBE, APBT: Thank you for having this meeting! It is so refreshing 01:02:02 Amy Bookwalter: What was the 3rd question 01:02:44 Marques Scott: Or all 3 again please? 01:03:00 Samantha Henry BSN, RNC-OB, C-EFM, C-OBE, APBT: We have 42 peanut ball trainers around the world. Canada, UK, India, and Germany Meg Smith completed renewal was the first person 01:03:08 Samantha Henry BSN, RNC-OB, C-EFM, C-OBE, APBT: those were the answers i think lol 01:03:31 Heather LeMaster: Reacted to "those were the answers..." with 01:03:41 Amy Bookwalter: Reacted to "We have 42 peanut ball trainers ..." with 01:05:13 Heidi Duncan: Maybe an optional monthly chat 01:05:21 Samantha Henry BSN, RNC-OB, C-EFM, C-OBE, APBT: Replying to "Maybe an optional mo..." love this idea! 01:05:25 Samantha Henry BSN, RNC-OB, C-EFM, C-OBE, APBT: Reacted to "Maybe an optional mo..." with 01:05:53 Jessica Rhoden: Wendy, did you have the video with the skeleton tights? 01:07:45 lgu8322: Jacqlynn Asherman is LGU8322 01:07:48 Wendy Proctor: Replying to "Wendy, did you have ..." Yes that's me 01:08:22 Melissa Harley: Thank you! 01:09:00 iPhone SE (2nd generation)lorna rainford: Thank you. This was great. I look forward to other meeting